

Dear Families of NRP,

We are excited to announce that our NRP Sports Day will take place this year on Friday June 3rd. Here is a rundown of events for the day for you to volunteer, join us as a spectator, or to prepare your child ahead of time for what to expect.

9:00 – Attendance and Opening video (in community)

9:30 – 10:00 - Opening ceremonies (both gyms):

Land acknowledgement

Cheers

Warm up/stretches (Led by Gr. 7 and Ms. Jess)

10:00 – 12:05 – Stations (see attached map for locations):

- Rotation to play games and snack/break station
- Students will get a popsicle or donut at the snack station courtesy of PAC

12:05 – Lunch:

12:05 - 12:30 - Lunch/playground (D wing plays, A wing eats)

12:30 - 12:52 - Playground/lunch (A wing plays, D wing eats)

12:52 – School spirit activities:

12:52 – students will return to their homeroom classes for attendance

Students can have early dismissal for the day after lunch. If you wish to take your child home, please arrange this with their classroom teacher

12:52 – 1:15 – re-group in community/classrooms and take attendance

1:15 - 2:30 - Water-play activities, dodgeball game

2:30 - 3:03 - Calm activities/get ready for home time

3:03 – regular dismissal for remaining students



PAC has kindly offered to provide refreshments at our break station in the morning. Each student will get a snack (popsicle or donut, thank you PAC). For those who would like to make a cash donation to this as a PAC fundraiser, please do so at our CASH ONLINE site under the SPORTS DAY heading.

Here is the link to the fundraiser:

https://vsb.schoolcashonline.com/Fee/Details/73983/196/False/True

Our Sports Day this year will have an Aboriginal Focus to honour the people whose lands we learn and play on. All the games, teams and cheers will include Aboriginal themes and traditional games. Here are the games your child will participate in at each station:

Games*: (please see attached map for locations)

- 1. Make the stick jump
- 2. Line Tag
- 3. Tatanka Tatanka
- 4. Forest play Crossing the log game
- 5. Bean bag and scoop toss (a little like lacrosse)
- 6. Playground, refreshments, and face paint x 2 at break station

*All games have been adapted from the *Indigenous Games for Children* resource collection by High Five (Canadian children's programming).

Students will have had instructions in home community classes on to play each game.

Each community had been divided into Sports Day colour/animal teams and will be learning cheers as we approach our Sports Day celebration. The week leading up to Sports Day (May 30th – June 2nd) will be a showcase for each team's colour and animal. We invite all students to dress in the colour of the team to celebrate school spirit on each day.



Monday May 30st: Red Beavers

Tuesday May 31st: Yellow Eagles

Wednesday June 1st: White Wolves

Thursday June 2nd: Black Bears

Friday June 3rd: SPORTS DAY

Cheers will be sent home with your child to practice, and there will be a practice with Chef Smith and teachers one of the recess/lunch breaks next week with the entire school team.

To ensure your child is ready for Sports Day on Friday June 3rd, please ensure they have the following items:

- Proper shoes
- Sunscreen
- Hat
- Water bottle
- Water-play items (squirters, water shooters, buckets, cups)
- Towe
- Dry set of clothes
- Lunch/snack

We would like to thank the PAC, the Grade 6/7 team of volunteers, and the Sports Day committee of teachers for helping to organize this event. For many of our primary students, this will be their first Sports Day! Please be patient as we roll out the day's events and make it special for everyone at NRP. Please address any of your questions to the office and we will assist. Parent volunteers are welcome!