



# NORMA ROSE POINT PAC NEWSLETTER

## PAC Chair Message

The NRP 3rd Annual Multicultural Day is coming up on Feb. 5, thanks to all parent and student volunteers who participate in sharing your culture with the school.

- Sharon Yu

## Connect With Us:

Website: <https://nrppac.wordpress.com>

Email: [rosepointpac@gmail.com](mailto:rosepointpac@gmail.com)

Lunch Questions?: [rospointpac@lunch@gmail.com](mailto:rospointpac@lunch@gmail.com)



## Important Dates

Feb. 1 - Family Concert: Gr. 1-4 Perform 6:30-8:00pm

Feb. 2 - Parent Conversation Group 9-10am

Feb. 5 - Multicultural Day! (A full day event for K-5)

Feb. 6 - PAC Meeting 6:30-7:30pm

Feb. 8 - Course Planning Night for Gr.8 Parents

Feb. 9 - Gr. 7 Field Trip to Richmond Oval

Feb. 12 - Family Day (**No School**)

Feb. 14 - Happy Valentine's Day!

Feb. 15 - Gr. 7 Field Trip to MOA

Feb. 16 - Gr. 7 Field Trip to MOA

Feb. 19 - ProD Day (**No School**)

Feb. 28 - **Pink Shirt Day!**



FULL SCHOOL AND PAC CALENDAR CAN BE  
FOUND ON THE PAC WEBSITE

<https://nrppac.wordpress.com>



## PAC Meeting

The next PAC meeting is scheduled on **Tuesday Feb. 6 at 6:30pm** in the school library (AKA: Learning Commons), we encourage all parents to join us for an hour meeting.

Meeting agenda and Minutes from last meeting will be posted on the PAC website.

## Multicultural Day - Feb. 5

The NRP 3rd Annual Multicultural Day is coming up on Monday Feb. 5.

This event is organized by PAC and the amazing school parent community and organized for the K-5 students but we rely heavily on volunteer students from the Middle School.

This year we have parents hosting tables representing:

**India** 🇮🇳, **China** 🇨🇳, **South Korea** 🇰🇷, **Bulgaria** 🇧🇬, **Japan** 🇯🇵, **Iran** 🇮🇷, **Ukraine** 🇺🇦, **Tanzania** 🇹🇿, **Israel** 🇮🇱, **Turkey** 🇹🇷 and **First Nation**.

Each student will be receiving a "Passport" which they will bring with them to the gym. At each station they 'travel' to they will receive a stamp on their "Visa" page.

It will be a fun and informative day for the students. If you have time to drop by, you are most welcome to do so. A detail schedule will be posted on the PAC website, stay tuned!

## Lunch

Feb-Jun menu is now open! Please order through [PAC website](#). If you have any feedback for the Lunch Committee please let them know by emailing: [rosepointpaclunch@gmail.com](mailto:rosepointpaclunch@gmail.com)

If your child is going on a field trip and he/she is requested to pack a lunch, please do not place a lunch order or cancel the lunch order for that day. The lunch requirement should be stated on the field trip notice. If you have any questions, please contact your child's teacher or email PAC Lunch Committee.



## Lunch Volunteer

PAC runs a 5-day lunch program, which is heavily depending on parent volunteers. Without volunteers, we cannot have this program.

If you are looking for volunteer opportunities and have 1 hour spare time from 11:30am to 12:30pm on weekdays, please consider volunteer for NRP PAC Lunch Program. Now we have an independent volunteer signup portal, which allows you to signup without a MunchaLunch account. To become a **lunch volunteer**, please go to [PAC Website](#), click on "Lunch" - "[Lunch Volunteer Signup](#)" to signup your available dates.

Thank you for volunteering!



## Pink Shirt Day:

On Wednesday February 28, all kids and adults are encouraged to wear pink to take a stand against bullying.

The Story:

“David Shepherd, Travis Price and their teenage friends organized a high-school protest to wear pink in sympathy with a Grade 9 boy who was being bullied [for wearing a pink shirt]...[They] took a stand against bullying when they protested against the harassment of a new Grade 9 student by distributing pink T-shirts to all the boys in their school. ‘I learned that two people can come up with an idea, run with it, and it can do wonders,’ says Mr. Price, 17, who organized the pink protest. ‘Finally, someone stood up for a weaker kid.’ So Mr. Shepherd and some other headed off to a discount store and bought 50 pink tank tops. They sent out message to schoolmates that night, and the next morning they

hauled the shirts to school in a plastic bag. As they stood in the foyer handing out the shirts, the bullied boy walked in. His face spoke volumes. 'It looked like a huge weight was lifted off his shoulders,' Mr. Price recalled. The bullies were never heard from again." — GLOBE & MAIL

In today's digital world, it can be impossible to escape online bullying, whether it takes the shape of harassment, spreading rumours, sharing embarrassing information or threats. This year, Pink Shirt Day is focusing on Cyberbullying. Here is an interesting article to share with you: <http://www.cbc.ca/radio/whitecoat/blog/read-this-if-your-child-is-being-bullied-at-school-1.4487425>



## Parent Resources

**Parent Conversation Groups**: hosted by PAC Parent Education Committee on Fridays 9-10am in the Learning Commons

**February 2: Focus on Bullying (Pink Shirt Day is Feb. 28)**

March 2: Digital Literacy & Online Safety

April 6: Managing Peer Pressure

May 4: Mental Health Issues & Resources

June 1: Talking about Drugs & Alcohol

### **\*NRP Parent Reading Group\***

When: Friday, March 2, 2018, 10:15 - 11:15 AM

Where: NRP Learning Commons

Theme: Friendship, Bullying, and Identity

Suggested readings:

*Gr. K-3 reading level:*

**The Hundred Dresses\*, by Eleanor Estes** (1944)

*Gr. 4 and up reading level:*

**Wonder, by R.J. Palacio** (2012)

### **The 6th Grade Nickname Game, by Gordon**

**Korman** (1998)

Are you interested in exploring the vast world of children's literature with other parents? The NRP Parent Reading Group samples books that parents can enjoy reading on their own and with their child(ren). Each session features discussion of 1 to 3 books suitable for a range of reading levels.

All books are available through the Vancouver Public Library. Starred\* titles are also available for browsing in the NRP Learning Commons (Parent Reading Group box). Becoming familiar with at least 1 of the suggested books beforehand is encouraged, but not required for participation. Any format is fine, including print, e-book, audio, film, and translated editions.

Questions? Please contact the Parent Education Committee via the form at <https://nrppac.wordpress.com/join-us/committees/>

### **VPD Gang Squad Presentation - Feb. 6**

The Windermere PAC is hosting a presentation by the Vancouver Police Department's Gang Squad on **Tuesday, February 6, 2018 from 7-8 PM** at Windermere Secondary School. The presentation will include the following topics: myths and realities about gangs; signs your teen is in a gang; where and who to turn to if your teen is involved in gang activity; tactics used by gangs to recruit teens; and what has the VPD been doing to ensure our neighbourhood is safe.

For more information, please click [here](#).

**Useful Links** (please check PAC website on a regular basis for more information):

- SACY Workshops: various dates & locations

Register: <http://www.SACY.eventbrite.ca>

- Find information about online dangers and what you and your child can do about them: [http://protectkidsonline.ca/app/en/emerging\\_issues](http://protectkidsonline.ca/app/en/emerging_issues)

- [AnxietyBC](#): Everyone experiences worry at points throughout their day and week and AnxietyBC has many documents that explain types of anxiety as well as supports